

B1 academy ^{SPORTS}



HANDBOOK

B1 SPRINT PROGRAM

Season 2026-2027

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ABOUT B1 SPORTS ACADEMY

TRAIN IN BARCELONA

Located in Barcelona, a city synonymous with football identity and excellence, B1 offers access to world-class pitches, gym facilities, video analysis rooms, and fully equipped accommodations.

BEGIN YOUR B1 JOURNEY

Football, understood as a way of life.

B1 Sports Academy develops players through a holistic approach that combines elite training, education, and personal growth. We shape not only athletes, but people prepared for the demands of the game and life beyond it.

LEARN, COMPETE, GROW

We develop the complete player through.

Our program is built around the B1 Methodology, inspired by the principles of Spanish football and its focus on intelligent, dynamic play.

We develop decision-making, game intelligence, and character, not just skill. Each session is guided by qualified coaches and supported by modern technology.

A GLOBAL ENVIRONMENT

A global community of athletes.

Athletes arrive from around the world to train, study, and live together, fostering resilience, independence, and teamwork. Families are kept closely informed throughout the journey with regular reports, transparent communication, and a shared commitment to the athlete's progress.

1 Holistic Approach

Our programs balance education and sport, prioritizing both athletic performance and personal growth.

2 Personalized Training

We tailor every program to the unique needs of each athlete, combining advanced technology with innovative techniques to maximize potential.

3 Values in Action

Our methodology is built on our values, shaping athletes to lead with professionalism and strong principles both on and off the field.

THE B1 Six pillars of development METHODOLOGY

4 Education

Top-quality academic support integrated with elite training, ensuring athletes can balance studies with their athletic commitments.

5 Sports Excellence

Customized training techniques adapted to the specific needs of each player, designed to optimize performance.

6 Social Responsibility

Athletes participate in community activities and cultural experiences, fostering accountability and a positive contribution to the world around them.



THE B1 METHODOLOGY

Five core values

B1 academy SPORTS

The B1 Methodology is sustained by five core values that define the identity of the academy:



Integrity: We build relationships based on honesty and mutual respect, essential for a positive learning environment.



Teamwork: We value collaboration and collective effort, ensuring every member contributes to collective success.



Respect & Value Transmission: We promote respect in all interactions and strive to instill solid values that transcend sport.



Discipline & Professionalism: Consistent dedication and a professional approach are fundamental to achieving excellence.



Responsibility: We take ownership of our actions and decisions with integrity, fostering personal and professional growth.

Led by certified coaches with deep expertise in youth development, the B1 Methodology uses continuous evaluation, advanced technology (tactical cameras, GPS trackers, video analysis), and a child-centered philosophy. The training process is just as important as the result, and the environment educates as much as the sessions themselves.



SPRINT PROGRAM OPTIONS

6-MONTH PROGRAM

● SPRINT TRAINING



TRAINING & PERFORMANCE

- Access to full B1 methodology.
- 5 weekly high-performance football training.
- 2 weekly strength and conditioning.
- Bi-weekly positional training.
- Gym sessions.



COMPETITION PATHWAY

- Club assignment (local club).
- 2-3 weekly club sessions.
- Weekly official competition.
- International tournament participation.



PLAYER SUPPORT SERVICES

- Video analysis.
- Individual performance tracking.
- Injury prevention & readaptation.
- Physiotherapy support (scheduled).
- Bi-weekly sports psychology.
- Monthly nutritional monitoring.
- Monthly masterclasses.



DEVELOPMENT & EVALUATION

- Monthly individual performance report.
- Season-start physical & medical tests.



EXPERIENCE & LOGISTICS

- Airport transfers at the start and end of the stay.
- Monthly sporting and cultural activities.

SPRINT PROGRAM OPTIONS

6-MONTH PROGRAM

● SPRINT BOARDING



TRAINING & PERFORMANCE _____



COMPETITION PATHWAY _____



PLAYER SUPPORT SERVICES _____



DEVELOPMENT & EVALUATION _____



EXPERIENCE & LOGISTICS _____

Sprint Boarding includes Sprint Training program plus accommodation services.



ACCOMMODATION SERVICES _____

- Double/individual accommodation + bathroom.
- All meals included during the stay.
- 24/7 Supervision and welfare support.
- Weekly cleaning.
- Wi-fi and services

6-MONTH PROGRAM

● SPRINT ACADEMICS



TRAINING & PERFORMANCE _____



COMPETITION PATHWAY _____



PLAYER SUPPORT SERVICES _____



DEVELOPMENT & EVALUATION _____



EXPERIENCE & LOGISTICS _____



ACADEMICS SERVICES _____

Sprint Academics program includes academics services plus Sprint Training program services.

- Academic program delivered in English
- Regular communication with families regarding academic progress.
- Weekly academic support adapted to the student-athlete's schedule.

SPRINT PROGRAM OPTIONS

6-MONTH PROGRAM

● SPRINT 360



TRAINING & PERFORMANCE _____



COMPETITION PATHWAY _____



PLAYER SUPPORT SERVICES _____



DEVELOPMENT & EVALUATION _____



EXPERIENCE & LOGISTICS _____



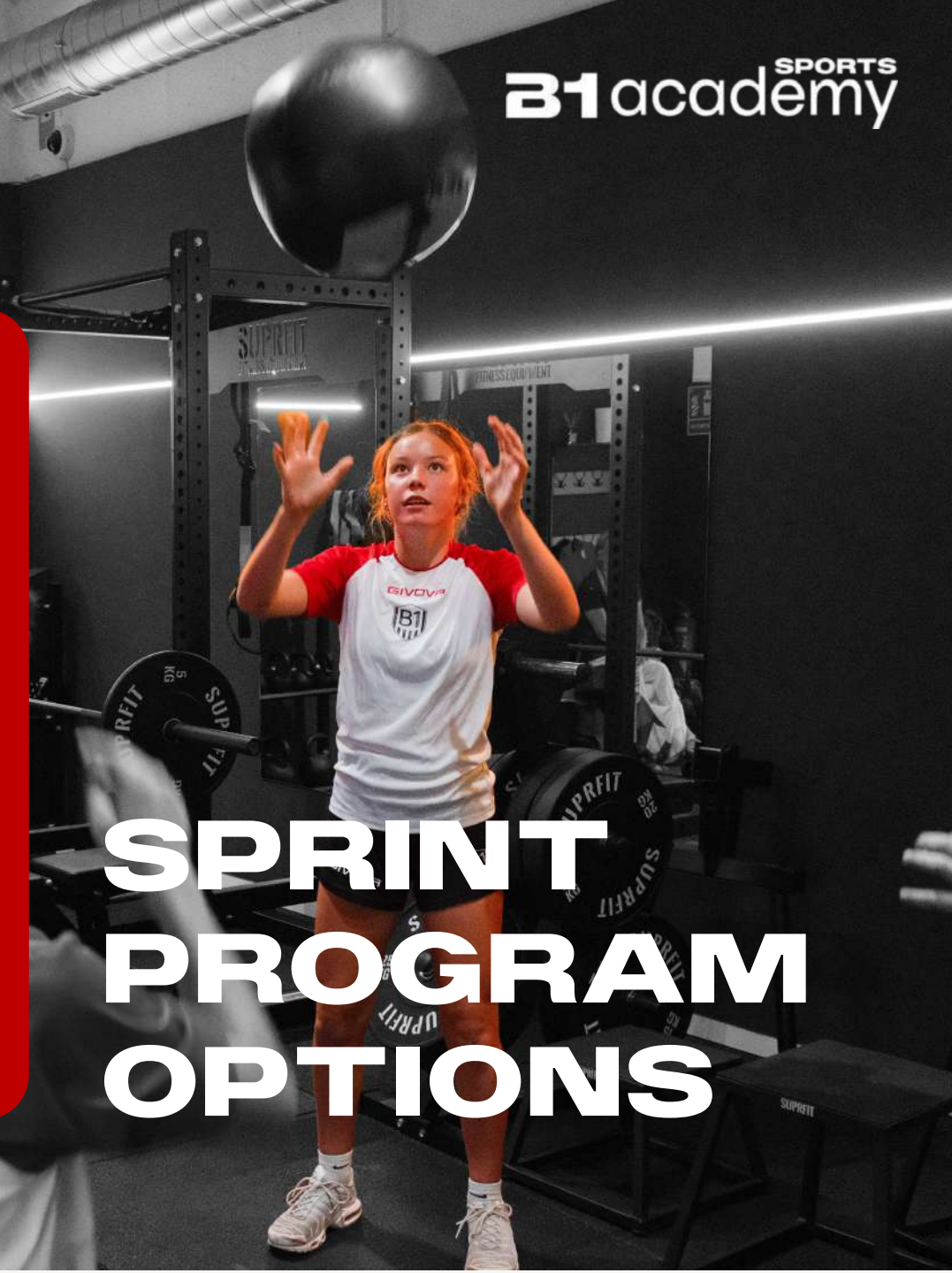
RESIDENCE SERVICES _____



ACADEMICS SERVICES _____

Sprint 360 program includes all the previous program services.

SPRINT PROGRAM OPTIONS



SPRINT PROGRAM PRICING

2026/2027 SEASON (January – June)

	360	BOARDING	ACADEMICS	TRAINING
Training & performance	✗	✗	✗	✗
Competition pathway	✗	✗	✗	✗
Player support services	✗	✗	✗	✗
Development & evaluation	✗	✗	✗	✗
Accommodation services	✗	✗	✗	✗
Academics services	✗	✗	✗	✗
Experience & logistics	✗	✗	✗	✗
	35.690 €	26.890 €	25.400 €	12.330 €

DEPOSITS AND FEES

Deposits and fees detailed below are not included in tuition.

Fixed Fees	Enrollment Fee (1)	400 €
	Legal Tutor Fee (2)	350 €
	Health Insurance	600 €
	Competition & Tournament Fee	Included
Variable Fees	New Student Fee (3)	2.500 €
Deposits	Program Deposit (4)	900 €

PAYMENT OPTIONS

Families can choose between a full payment or a 4-installment plan.

Full Payment: The Enrollment Fee is paid first to activate admissions and issue the Conditional Acceptance & Pre-Allocation Letter for visa purposes.

Once placement is confirmed and the visa is approved, the remaining tuition balance is paid in one single payment. The Enrollment Fee is deducted from the total tuition.

Installment Plan (4 Payments): The Enrollment Fee is paid first to activate admissions. After visa approval, Installment 1 (approx. 30% of tuition) is required to secure the player's place. The remaining balance is split into three scheduled payments (Installments 2–4), due monthly between January and March (25th–30th).

(1) to open admissions file and begin placement.

(2) if required, for under-18s without a guardian in Spain.

(3) applicable for Sprint 360 & Sprint Academics.

(4) refundable, subject to conditions.

**EVERY
SESSION
HAS A
PURPOSE**

**EVERY
PLAYER
HAS A
PLAN.**

WHAT MAKES US DIFFERENT

We believe the best players are built through understanding, not repetition. That's why our sessions focus on decision-making, creativity, and game intelligence, while nurturing confidence and character. At B1 Sports Academy, each child follows a structured pathway designed to unlock their full potential — on and off the pitch.

**REACH
OUT TO
US!**



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