

B1 PROGRAM HANDBOOK

Season 2026-2027

A young male soccer player in an orange jersey is dribbling a soccer ball on a field. The background shows other players and a stadium setting. The image is overlaid with a large, semi-transparent orange shape on the left side.

B1 academy SPORTS

ABOUT B1 SPORTS ACADEMY

TRAIN IN BARCELONA

Located in Barcelona, a city synonymous with football identity and excellence, B1 offers access to world-class pitches, gym facilities, video analysis rooms, and fully equipped accommodations.

BEGIN YOUR B1 JOURNEY

Football, understood as a way of life.

B1 Sports Academy develops players through a holistic approach that combines elite training, education, and personal growth. We shape not only athletes, but people prepared for the demands of the game and life beyond it.

LEARN, COMPETE, GROW

We develop the complete player through.

Our program is built around the B1 Methodology, inspired by the principles of Spanish football and its focus on intelligent, dynamic play.

We develop decision-making, game intelligence, and character, not just skill. Each session is guided by qualified coaches and supported by modern technology.

A GLOBAL ENVIRONMENT

A global community of athletes.

Athletes arrive from around the world to train, study, and live together, fostering resilience, independence, and teamwork. Families are kept closely informed throughout the journey with regular reports, transparent communication, and a shared commitment to the athlete's progress.

1 Holistic Approach

Our programs balance education and sport, prioritizing both athletic performance and personal growth.

2 Personalized Training

We tailor every program to the unique needs of each athlete, combining advanced technology with innovative techniques to maximize potential.

3 Values in Action

Our methodology is built on our values, shaping athletes to lead with professionalism and strong principles both on and off the field.

THE B1 *Six pillars of development* METHODOLOGY

4 Education

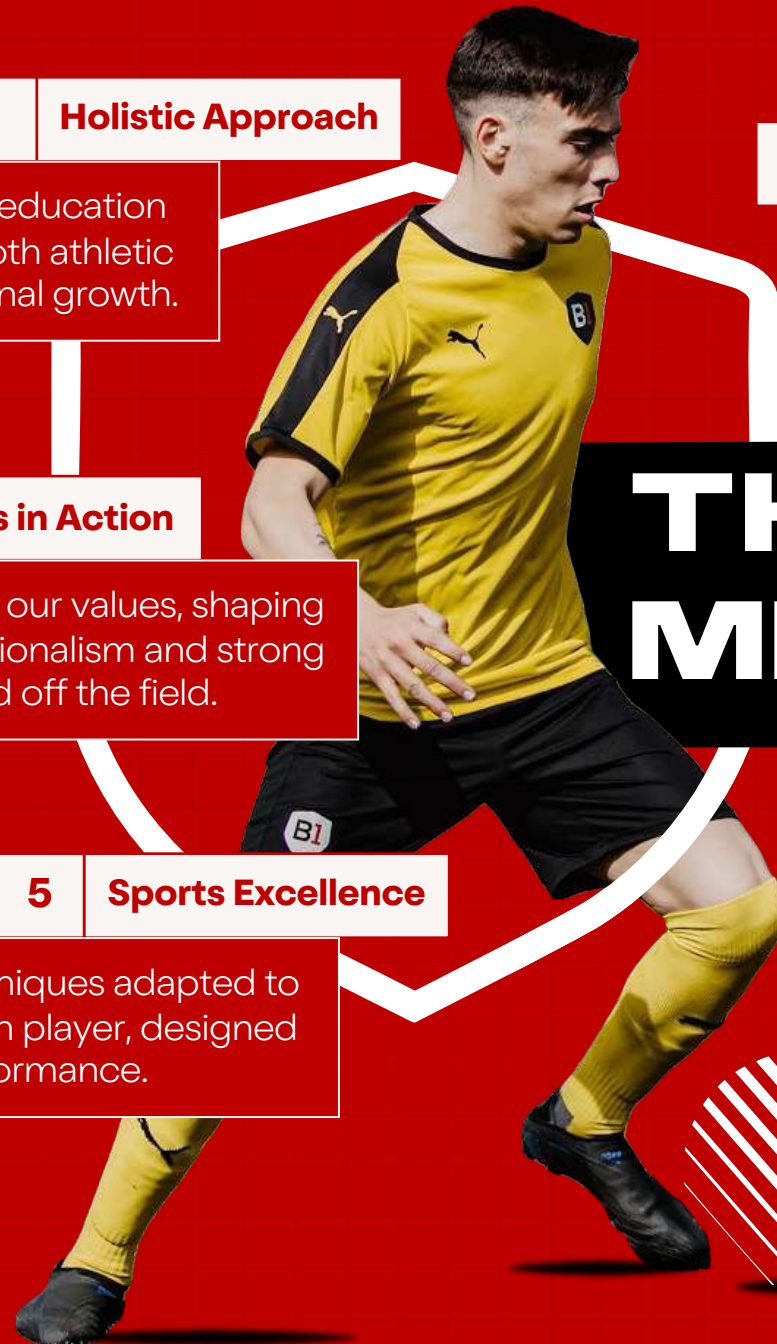
Top-quality academic support integrated with elite training, ensuring athletes can balance studies with their athletic commitments.

5 Sports Excellence

Customized training techniques adapted to the specific needs of each player, designed to optimize performance.

6 Social Responsibility

Athletes participate in community activities and cultural experiences, fostering accountability and a positive contribution to the world around them.



THE B1 METHODOLOGY

Five core values

B1 academy SPORTS

The B1 Methodology is sustained by five core values that define the identity of the academy:



Integrity: We build relationships based on honesty and mutual respect, essential for a positive learning environment.



Teamwork: We value collaboration and collective effort, ensuring every member contributes to collective success.



Respect & Value Transmission: We promote respect in all interactions and strive to instill solid values that transcend sport.



Discipline & Professionalism: Consistent dedication and a professional approach are fundamental to achieving excellence.



Responsibility: We take ownership of our actions and decisions with integrity, fostering personal and professional growth.

Led by certified coaches with deep expertise in youth development, the B1 Methodology uses continuous evaluation, advanced technology (tactical cameras, GPS trackers, video analysis), and a child-centered philosophy. The training process is just as important as the result, and the environment educates as much as the sessions themselves.

PROGRAM OPTION
B1 ELITE
PROGRAM

The B1 ELITE Program is the cornerstone of the B1 Sports Academy experience. A 10-month program for student-athletes designed to excel in football, academics, and personal development within a professional and holistic environment.

DURATION

10-Month Full
Season Program

**AGE & PLAYER
PROFILE**

Designed for
Student-Athletes,
from 10 to 21
years of age.

PROGRAM OPTION B1 ELITE PROGRAM

TRAINING & PERFORMANCE

Access to full B1 methodology.

5 weekly high-performance football training sessions.

2 weekly strength & conditioning sessions.

Bi-weekly positional training.

Gym sessions.

COMPETITION PATHWAY

Club assignment (local club).

2–3 weekly club sessions.

Weekly official competition.

International tournament participation.

PLAYER SUPPORT SERVICES

Video analysis

Individual performance tracking.

Injury prevention & readaptation.

Physiotherapy support (scheduled).

Bi-weekly sports psychology.

Monthly nutritional monitoring.

Monthly masterclasses.



PROGRAM OPTION
B1 ELITE
PROGRAM

**DEVELOPMENT &
EVALUATION**

Monthly individual performance report.
Season-start physical & medical tests.

**ACCOMMODATION
SERVICES**

Accommodation (single or double room) + bathroom.
All meals included during the stay.
24/7 supervision and welfare support.
Weekly cleaning.
Wi-Fi and basic services.

**ACADEMIC
SERVICES**

Enrollment in International School.
Weekly academic support adapted to the student-athlete's schedule.
Regular communication with families regarding academic progress.

**EXPERIENCE &
LOGISTICS**

Airport transfers at the start and end of the stay.
Monthly sporting and cultural activities.
National clinic with a professional team.
Complete training kit.
Visa assistance.
Medical insurance (*optional*).

ELITE PROGRAM PRICING

TUITION - 2026/2027 SEASON

	360	BOARDING	ACADEMICS	TRAINING
Training & performance	X	X	X	X
Competition pathway	X	X	X	X
Player support services	X	X	X	X
Development & evaluation	X	X	X	X
Accommodation services	X	X	X	X
Academics services	X	X	X	X
Experience & logistics	X	X	X	X
	49,790 €	37,290 €	32,470 €	15,270 €

DEPOSITS AND FEES

Deposits and fees detailed below are not included in tuition.

Fixed Fees	Enrollment Fee (1)	400 €
	Legal Tutor Fee (2)	350 €
	Health Insurance	Optional (3)
	Competition & Tournament Fee	Included
Variable Fees	New Student Fee (4)	2,500 €
Deposits	Program Deposit (5)	900 €

PAYMENT CONDITIONS

Families are required to follow the payment calendar. The Enrollment Fee activates the admissions and placement process. A program seat is confirmed only once B1 receives the first tuition payment.

- (1) to open admissions file and begin placement.
- (2) if required, for under-18s without a guardian in Spain.
- (3) medical insurance is mandatory for participation. Players may use their own insurance or request coverage through B1.
- (4) applicable for Elite 360 & Elite Academics.
- (5) refundable, subject to conditions.

PROGRAM OPTION

B1 SPRINT PROGRAM

DURATION

6-Month
Program

AGE & PLAYER PROFILE

Designed for Student-
Athletes, from 10 to 21
years of age.

The B1 SPRINT Program is a 6-month intensive program, running from January to June. It provides the same B1 methodology, coaching quality, and competitive environment as the Elite, in an accelerated format ideal for midseason joiners or athletes exploring the academy experience.

TRAINING & PERFORMANCE

- Access to full B1 methodology.
- 5 weekly high-performance football training sessions.
- 2 weekly strength & conditioning sessions.
- Bi-weekly positional training.
- Gym sessions.
- Pre-season program (if applicable).

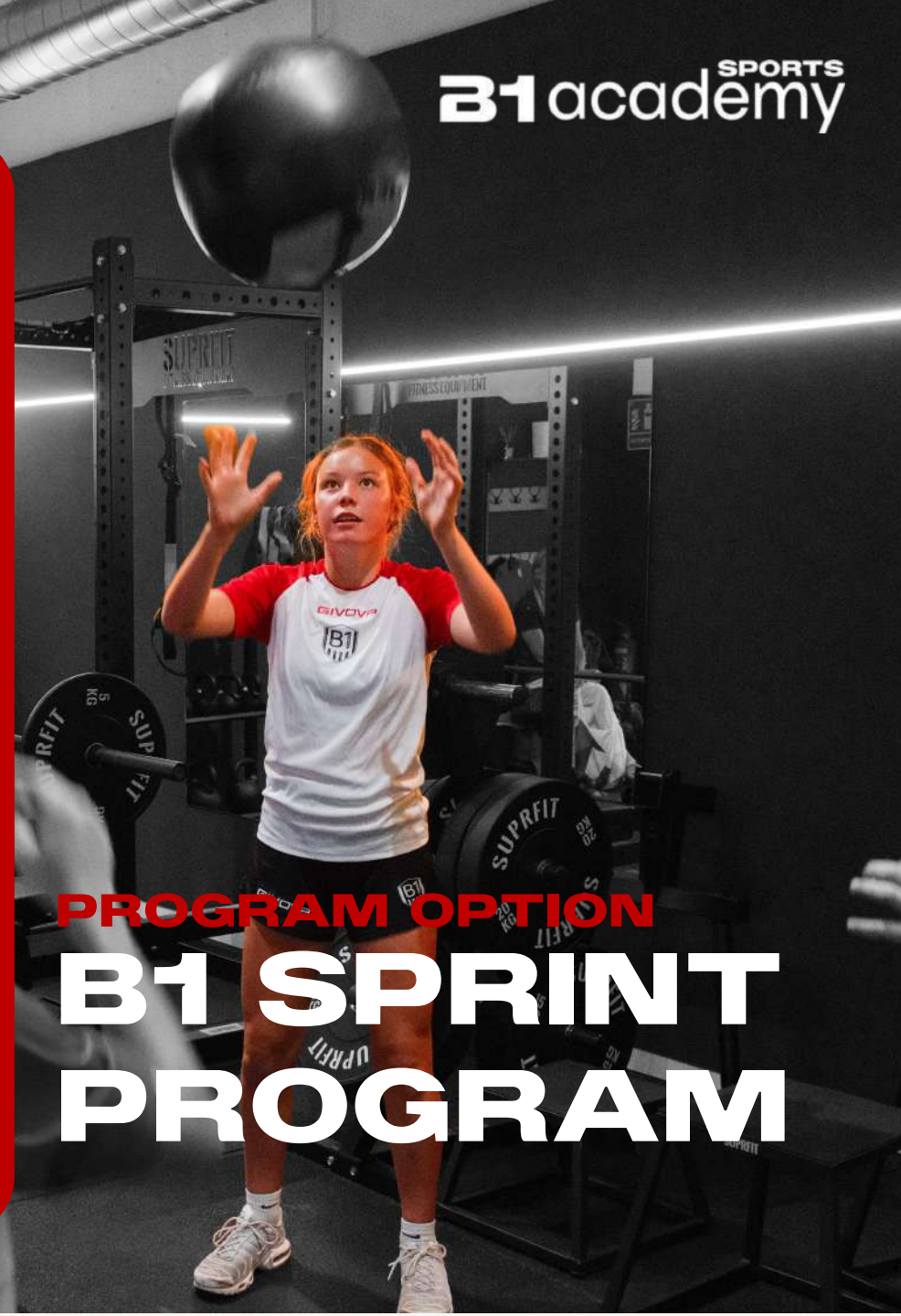
COMPETITION PATHWAY

- Club assignment (local club).
- 2–3 weekly club sessions.
- Weekly official competition.
- International tournament participation.

PLAYER SUPPORT SERVICES

- Video analysis
- Individual performance tracking.
- Injury prevention & readaptation.
- Physiotherapy support (scheduled).
- Bi-weekly sports psychology.
- Monthly nutritional monitoring.
- Monthly masterclasses.

PROGRAM OPTION
B1 SPRINT PROGRAM



PROGRAM OPTION
B1 SPRINT
PROGRAM



DEVELOPMENT & EVALUATION

Monthly individual performance report.
Season-start physical & medical tests.

ACCOMMODATION SERVICES

Accommodation (single or double room) + bathroom.
All meals included during the stay.
24/7 supervision and welfare support.
Weekly cleaning.
Wi-Fi and basic services.

ACADEMIC SERVICES

Enrollment in International School.
Weekly academic support adapted to the student-athlete's schedule.
Regular communication with families regarding academic progress.

EXPERIENCE & LOGISTICS

Airport transfers at the start and end of the stay.
Monthly sporting and cultural activities.
National clinic with a professional team.
Complete training kit.
Visa assistance.
Medical insurance (*optional*).

SPRINT PROGRAM PRICING

2026/2027 SEASON (January – June)

DEPOSITS AND FEES

Deposits and fees detailed below are not included in tuition.

Fixed Fees	Enrollment Fee (1)	400 €
	Legal Tutor Fee (2)	350 €
	Health Insurance	Optional (3)
	Competition & Tournament Fee	Included
Variable Fees	New Student Fee (4)	2,500 €
Deposits	Program Deposit (5)	900 €

PAYMENT OPTIONS

Families can choose between a full payment or a 4-installment plan.

Full Payment: The Enrollment Fee is paid first to activate admissions and issue the Conditional Acceptance & Pre-Allocation Letter for visa purposes.

Once placement is confirmed and the visa is approved, the remaining tuition balance is paid in one single payment. The Enrollment Fee is deducted from the total tuition.

Installment Plan (4 Payments): The Enrollment Fee is paid first to activate admissions. After visa approval, Installment 1 (approx. 30% of tuition) is required to secure the player's place. The remaining balance is split into three scheduled payments (Installments 2–4), due monthly between January and April (25th–30th).

- (1) to open admissions file and begin placement.*
- (2) if required, for under-18s without a guardian in Spain.*
- (3) medical insurance is mandatory for participation. Players may use their own insurance or request coverage through B1.*
- (4) applicable for Elite 360 & Elite Academics.*
- (5) refundable, subject to conditions.*

	360	BOARDING	ACADEMICS	TRAINING
Training & performance	✗	✗	✗	✗
Competition pathway	✗	✗	✗	✗
Player support services	✗	✗	✗	✗
Development & evaluation	✗	✗	✗	✗
Accommodation services	✗	✗	✗	✗
Academics services	✗	✗	✗	✗
Experience & logistics	✗	✗	✗	✗
	35,690 €	26,890 €	25,400 €	12,330 €

PROGRAM OPTION

B1 IMMERSION PROGRAM

The B1 IMMERSION is a flexible weekly program. It can be booked from 1 to 12 weeks, allowing families to tailor the experience to their schedule and goals. Two formats are available: Training only, or Training with full Boarding.

DURATION

Weekly program, up to 12 weeks.

AGE & PLAYER PROFILE

Designed for Student-Athletes, from 10 to 21 years of age.



PROGRAM OPTION
IMMERSION
PROGRAM

**TRAINING &
PERFORMANCE**

Access to full B1 methodology.

5 weekly high-performance football training sessions.

2 weekly strength & conditioning sessions.

Bi-weekly positional training.

**COMPETITION
PATHWAY**

Club assignment available (optional).

2–3 weekly club sessions (only if assigned to a team).

Competition (available only if assigned to a team).

**PLAYER SUPPORT
SERVICES**

Video analysis.

Performance tracking.

Injury prevention.

Optional sessions.

**DEVELOPMENT &
EVALUATION**

Individual performance report.

PROGRAM OPTION

IMMERSION PROGRAM

ACCOMMODATION SERVICES

Accommodation (single or double room) + bathroom.

All meals included during the stay.

(Immersion Boarding only)

24/7 supervision and welfare support.

Weekly cleaning.

Wi-Fi and basic services.

EXPERIENCE & LOGISTICS

Welcome B1 training kit.

Health insurance required (85€/week or own valid policy).



IMMERSION PROGRAM

PRICING

2026/2027 SEASON (Weekly Format)

DEPOSITS AND FEES

WEEKS

	BOARDING (Training + boarding services)	TRAINING (Training services only)
01	1,460 €	495 €
02	2,774 €	792 €
03	4,088 €	1,089 €
04	5,402 €	1,386 €
05	6,716 €	1,683 €
06	8,030 €	1,980 €
07	9,344 €	2,277 €
08	10,658 €	2,574 €
09	11,972 €	2,871 €
10	13,286 €	3,168 €
11	14,600 €	3,465 €
12	15,914 €	3,762 €

Deposits and fees detailed below are not included in tuition.

Enrollment Fee: Equivalent to the tuition of the first week, paid at booking. This opens the admissions file, confirms the chosen dates, and allows B1 to issue the Conditional Acceptance Letter.

Health Insurance (optional) 85 € per week

Medical insurance is mandatory for participation. Families may use their own insurance if it meets B1's minimum requirements (medical coverage, accident coverage, repatriation, and travel assistance).

OPTIONAL ADD-ONS

Additional training session	50 €
Sports psychologist session	45 €
Sports nutritionist session	45 €
Sports physiotherapist session	50 €

PAYMENT METHOD

The total program amount must be paid in full prior to the athlete's arrival and before the start of the program. The Enrollment Fee (equivalent to week 1) is paid at booking; any remaining balance is due before arrival. The Immersion Boarding program is not automatically renewable, additional weeks require a new agreement, subject to availability.

PROGRAM OPTION

B1 TECH PROGRAM

The B1 TECH Program is available in two options. Its monthly format is ideal for players looking for structured, professional-level development sessions to complement their existing football activities or as a standalone training pathway. For athletes looking to deepen their development, individual sessions are also available.



DURATION

Monthly program

AGE & PLAYER PROFILE

Designed for Student-Athletes, from 8 and above.



PROGRAM OPTION
B1 TECH
PROGRAM

TRAINING & PERFORMANCE	<p>Access to full B1 methodology.</p> <p>3 weekly high-performance football training sessions.</p> <p>Optional: additional training sessions (additional cost).</p>
COMPETITION PATHWAY	<p>Club assignment (local club) + 2–3 weekly club sessions.</p> <p>Weekly official competition.</p> <p>Official club kit.</p> <p><i>(TECH TEAM only)</i></p> <p>Federation licensing and insurance coverage.</p> <p>Coordination with club coaching staff.</p> <p>Competition follow-up and seasonal feedback.</p> <p>Administrative liaison throughout the season.</p>
PLAYER SUPPORT SERVICES	<p>Optional: sports psychologist session (additional cost)</p> <p>Optional: sports nutritionist session (additional cost)</p> <p>Optional: sports physiotherapist session (additional cost).</p>
DEVELOPMENT & EVALUATION	<p>Individual performance report.</p>
EXPERIENCE & LOGISTICS	<p>Welcome B1 training kit.</p>

TECH PROGRAM PRICING

2026/2027 SEASON (Monthly)

TECH PROGRAM

350 € / month

TECH TEAM PROGRAM*

795 € / month

** A minimum commitment of three (3) months is required for TECH TEAM due to federation licensing and club registration processes.*

HOW IT WORKS

- There is no separate enrollment fee. Participation is activated upon receipt of the first monthly payment.
- The program operates on a monthly rolling basis. Continuity depends on ongoing monthly payment and compliance with B1's policies.
- Monthly tuition must be paid in advance, between the 25th and 30th of each month.
- Payments may be completed via bank transfer, secure credit-card link, or cash.
- Monthly tuition is non-refundable once confirmed. No refunds are provided for missed sessions, early withdrawal, or unused weeks.
- **Athletes must reside in Spain to participate in the TECH Program.**
- No discounts or negotiation margins are applicable to TECH programs.

MEDICAL REQUIREMENTS

A valid medical clearance for football training and any relevant medical information must be provided before participation. Medical insurance is mandatory for participation. Players may use their own coverage, provided it meets B1 requirements.

B1 TRIAL PROGRAM

TAKE THE CHANCE TO START YOUR JOURNEY



WHAT IS THE B1 TRIAL?

The B1 Trial is a 6-day structured evaluation experience for players who want to discover their level. Over five days of high-performance training and continuous technical observation, B1 coaches build a clear picture of each player's ability, needs, and best-fit program, removing the guesswork from their next step.

THE EVALUATION PROCESS*



**An accompanying adult is required for all Trial participants under 18.*

TRIAL INCLUSIONS & PRICING

2026/2027 SEASON

1-WEEK PROGRAM

B1academy SPORTS

● TRIAL TRAINING



TRAINING & PERFORMANCE

- Access to full B1 methodology.
- 4 days of high-performance football training.



DEVELOPMENT & EVALUATION

- Continuous evaluation by B1 coaching staff.
- Individual performance report.
- Evaluation debrief session with player and adult.
- Personalised programme proposal.



EXPERIENCE & LOGISTICS

- Welcome B1 training kit.
- Transport for all B1-scheduled training activities.

● TRIAL BOARDING



ACCOMMODATION SERVICES

- Sports Residence – private room + bathroom.
- All meals included during the stay.
- 24/7 supervision and welfare support.
- Wi-Fi and basic services.

OPTIONS

Trial Training	450 €
Trial Boarding (Training + Residence)	950 €
Family Boarding (<i>accompanying adult</i>)	350 €

OPTIONAL ADD-ONS

Airport transfer (per journey)	60 €
Health insurance	60 €

PAYMENT & POLICIES

Full payment must be completed before arrival. Registration is confirmed once B1 Sports has received full payment and required documentation. Trial tuition is non-refundable once confirmed. Medical insurance is mandatory; families may use their own policy if it meets B1's minimum requirements (medical coverage, accident coverage, repatriation, and travel assistance).

**EVERY
SESSION
HAS A
PURPOSE**

**EVERY
PLAYER
HAS A
PLAN.**

WHAT MAKES US DIFFERENT

We believe the best players are built through understanding, not repetition. That's why our sessions focus on decision-making, creativity, and game intelligence, while nurturing confidence and character. At B1 Sports Academy, each child follows a structured pathway designed to unlock their full potential — on and off the pitch.

**REACH
OUT TO
US!**



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