



B1 academy ^{SPORTS}

HANDBOOK

B1 IMMERSION PROGRAM

Season 2026-2027

CONTENT

01	About B1 Sports Academy
02	B1 Methodology
03	Immersion Program Options
04	Pricing
05	What Makes Us Different

ABOUT B1 SPORTS ACADEMY

TRAIN IN BARCELONA

Located in Barcelona, a city synonymous with football identity and excellence, B1 offers access to world-class pitches, gym facilities, video analysis rooms, and fully equipped accommodations.

BEGIN YOUR B1 JOURNEY

Football, understood as a way of life.

B1 Sports Academy develops players through a holistic approach that combines elite training, education, and personal growth. We shape not only athletes, but people prepared for the demands of the game and life beyond it.

LEARN, COMPETE, GROW

We develop the complete player through.

Our program is built around the B1 Methodology, inspired by the principles of Spanish football and its focus on intelligent, dynamic play.

We develop decision-making, game intelligence, and character, not just skill. Each session is guided by qualified coaches and supported by modern technology.

A GLOBAL ENVIRONMENT

Football, understood as a way of life.

Athletes arrive from around the world to train, study, and live together, fostering resilience, independence, and teamwork. Families are kept closely informed throughout the journey with regular reports, transparent communication, and a shared commitment to the athlete's progress.

1 Holistic Approach

Our programs balance education and sport, prioritizing both athletic performance and personal growth.

2 Personalized Training

We tailor every program to the unique needs of each athlete, combining advanced technology with innovative techniques to maximize potential.

3 Values in Action

Our methodology is built on our values, shaping athletes to lead with professionalism and strong principles both on and off the field.

THE B1 Six pillars of development METHODOLOGY

4 Education

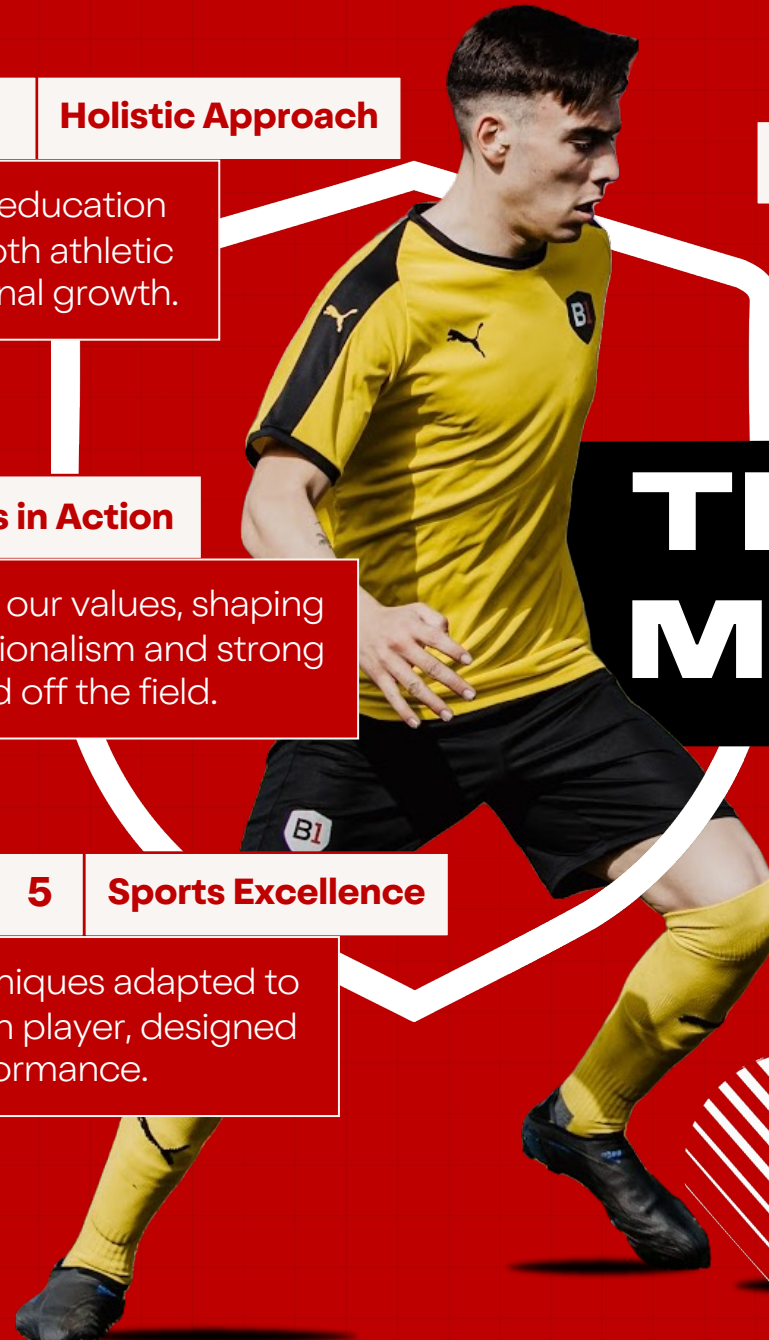
Top-quality academic support integrated with elite training, ensuring athletes can balance studies with their athletic commitments.

5 Sports Excellence

Customized training techniques adapted to the specific needs of each player, designed to optimize performance.

6 Social Responsibility

Athletes participate in community activities and cultural experiences, fostering accountability and a positive contribution to the world around them.



THE B1 METHODOLOGY

Five core values

B1 academy SPORTS

The B1 Methodology is sustained by five core values that define the identity of the academy:



Integrity: We build relationships based on honesty and mutual respect, essential for a positive learning environment.



Teamwork: We value collaboration and collective effort, ensuring every member contributes to collective success.



Respect & Value Transmission: We promote respect in all interactions and strive to instill solid values that transcend sport.



Discipline & Professionalism: Consistent dedication and a professional approach are fundamental to achieving excellence.



Responsibility: We take ownership of our actions and decisions with integrity, fostering personal and professional growth.

Led by certified coaches with deep expertise in youth development, the B1 Methodology uses continuous evaluation, advanced technology (tactical cameras, GPS trackers, video analysis), and a child-centered philosophy. The training process is just as important as the result, and the environment educates as much as the sessions themselves.

IMMERSION PROGRAM OPTIONS

1 TO 12 WEEKS PROGRAM

● IMMERSION TRAINING



TRAINING & PERFORMANCE

- Access to full B1 methodology.
- 5 weekly high-performance football training.
- Competition (optional - only if assigned to a team).
- 2 weekly strength and conditioning.
- Bi-weekly positional training.
- Cym sessions.



PLAYER SUPPORT SERVICES

- Video analysis.
- Individual performance tracking.
- Injury prevention & readaptation.
- Physiotherapy support (scheduled).
- Bi-weekly sports psychology.
- Monthly nutritional monitoring.
- Monthly masterclasses.



DEVELOPMENT & EVALUATION

- Monthly individual performance report.
- Season-start physical & medical tests.



EXPERIENCE & LOGISTICS

- Monthly sporting and cultural activities.

IMMERSION PROGRAM OPTIONS

1 TO 12 WEEKS PROGRAM

● IMMERSION TRAINING



TRAINING & PERFORMANCE _____



PLAYER SUPPORT SERVICES _____



DEVELOPMENT & EVALUATION _____



EXPERIENCE & LOGISTICS _____

Immersion Boarding includes Immersion Training program plus accommodation services.



ACCOMMODATION SERVICES _____

- Double/individual accommodation + bathroom.
- All meals included during the stay.
- 24/7 Supervision and welfare support.
- Weekly cleaning.
- Wi-fi and services



IMMERSION PROGRAM

PRICING

2026/2027 SEASON (Weekly Format)

DEPOSITS AND FEES

WEEKS

	BOARDING (Training + boarding services)	TRAINING (Training services only)
01	1,460 €	495 €
02	2,774 €	792 €
03	4,088 €	1,089 €
04	5,402 €	1,386 €
05	6,716 €	1,683 €
06	8,030 €	1,980 €
07	9,344 €	2,277 €
08	10,658 €	2,574 €
09	11,972 €	2,871 €
10	13,286 €	3,168 €
11	14,600 €	3,465 €
12	15,914 €	3,762 €

Deposits and fees detailed below are not included in tuition.

Enrollment Fee: Equivalent to the tuition of the first week, paid at booking. This opens the admissions file, confirms the chosen dates, and allows B1 to issue the Conditional Acceptance Letter.

Health Insurance (optional) 85 € per week

Medical insurance is mandatory for participation. Families may use their own insurance if it meets B1's minimum requirements (medical coverage, accident coverage, repatriation, and travel assistance).

OPTIONAL ADD-ONS

Additional training session	50 €
Sports psychologist session	45 €
Sports nutritionist session	45 €
Sports physiotherapist session	50 €

PAYMENT METHOD

The total program amount must be paid in full prior to the athlete's arrival and before the start of the program. The Enrollment Fee (equivalent to week 1) is paid at booking; any remaining balance is due before arrival. The Immersion Boarding program is not automatically renewable, additional weeks require a new agreement, subject to availability.

**EVERY
SESSION
HAS A
PURPOSE**

**EVERY
PLAYER
HAS A
PLAN.**

WHAT MAKES US DIFFERENT

We believe the best players are built through understanding, not repetition. That's why our sessions focus on decision-making, creativity, and game intelligence, while nurturing confidence and character. At B1 Sports Academy, each child follows a structured pathway designed to unlock their full potential — on and off the pitch.

**REACH
OUT TO
US!**



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